



NOVEMBER 11-12, 2023 – LOOK PARK – NORTHAMPTON, MA

**Junior Women u19**

7.5 Miles 8.40 MPH 1 Starters

Place	Bib	Time	Gap	First Name	Last Name	Team	City	State	Age	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	100	53:34		Annabelle	Norris	BikeReg/Share Coffee	Lebanon	NH		8:23	8:40	8:56	9:05	9:15	9:14

**Master Women 40+/55+**

7.5 Miles 9.45 MPH 21 Starters

Place	Bib	Time	Gap	First Name	Last Name	Team	City	State	Age	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	70	47:38		Christin	Reuter	BikeReg/Share Coffee	Niwot	CO		8:28	7:58	7:52	7:50	7:44	7:48
2	71	47:46	00:08	Dana	Prey	pedalpowertraining.com	East Burke	VT		8:27	7:59	7:52	7:57	7:49	7:42
3	72	47:53	00:15	Colette	Sexton	NJCX Project	Lambertville	NJ		8:26	7:59	7:52	7:50	7:56	7:51
4	73	49:26	01:48	Alix	Norris	BikeReg   Share Coffee	Lebanon	NH		8:43	8:10	8:03	8:13	8:13	8:05
5	74	49:49	02:11	Catherine	Sterling	West Hill	Stratton Mountain	VT		8:55	8:06	8:11	8:09	8:14	8:14
6	76	50:40	03:02	Laura	Kline	CORK MONKEY RACING	Syracuse	NY		8:55	8:23	8:19	8:17	8:22	8:23
7	78	50:46	03:08	Michele	Satrowsky	Salty Women Off Road Bicycle Team	Newbury	MA	55+	8:59	8:23	8:15	8:27	8:26	8:18
8	77	51:40	04:02	Kelli	Montgomery	Stage 1/ AirLine Cycles	Wallingford	CT		8:55	8:16	8:31	8:14	8:54	8:51
9	81	51:46	04:08	Sara	Katz	Salty Women Off Road Bicycle Team	Intervale	NH		9:14	8:13	8:25	8:40	8:40	8:34
10	79	52:17	04:39	Michele	Smith	Hup United	Burlington	MA		9:15	8:35	8:30	8:42	8:44	8:32
11	83	52:51	05:13	Dayle	James	Liv Power Cycling	Concord	MA		9:36	8:46	8:38	8:42	8:36	8:33
12	87	52:56	05:18	Wendy	King	Northampton Cycling Club	Colrain	MA	55+	9:14	8:51	8:42	8:50	8:48	8:32
13	84	54:13	06:35	Jenn	Minery	Salty Women Off Road Bicycle Team	Salem	MA		9:32	8:48	8:49	9:21	8:50	8:54
14	98	54:30	06:52	Susan	Mcdonough	Salty Women Racing	York	ME	55+	9:34	8:57	8:50	9:01	9:03	9:05
15	88	55:02	07:24	Sandra	Delgrosso	Team ERRACE	Waterford	CT	55+	9:31	8:50	9:05	9:13	9:24	9:00
16	90	55:23	07:45	Tara	Seplavy	KruisCX	Easton	PA		9:30	8:49	8:57	9:32	9:22	9:13
17	89	55:25	07:47	Allison	Halsey	Salty Women Off-Road Bicycle Team	Medford	MA		10:02	9:00	9:04	9:09	9:08	9:03
18	85	55:29	07:51	Sharon	Squassoni	National Capital Velo Club/UnitedHealthcare	Bethesda	MD	55+	9:49	8:56	9:08	9:26	9:06	9:04
19	96	47:52	1 Lap	Stacy	Beneke	DaHANGER	Kingston	NY	55+	9:51	9:21	9:40	9:25	9:36	
20	91	49:51	1 Lap	Roxy	Bombardier	Pro-Level Imagination - Amateur Ability	Richmond	VT	55+	10:20	9:39	9:45	10:04	10:05	
21	97	51:58	1 Lap	Melanie	Ryals	545 Velo	Newton	MA	55+	10:55	10:11	10:15	10:27	10:10	

