# Red Island Half Marathon 5/19/18

	<u>Male 0 - 39</u>					
Place	Bib#	Name	Tim	e	Туре	City
1.	569	Jeff Lavery	02:01:5		Half arathon	Warwick
	Splits:	Split 1: 00:20:06.417 Split 2: 00:24:24.012 Split 3: 00:24:17.548 Split 4: 00:25:57.550 Split 5: 00:27:11.805	(00:44:30.429) (01:08:47.977) (01:34:45.527)	Speed: 6.71 Speed: 6.71 Speed: 6.31	mph Pace: mph Pace: mph Pace: mph Pace: mph Pace:	08:58 08:56 09:33
2.	161	Wyatt Henderson	02:46:5		Half arathon	Occoquan
	Splits:	Split 1: 00:20:27.385 Split 2: 00:26:08.798 Split 3: 00:37:26.842 Split 4: 00:41:21.314 Split 5: 00:41:28.584	(00:46:36.183) (01:24:03.025) (02:05:24.339)	Speed: 6.2r Speed: 4.4r Speed: 3.9r	mph Pace: mph Pace: mph Pace: mph Pace: mph Pace:	09:37 13:46 15:13
		E	emale 0 -	39		
Place	Bib#	Name	Tim	e	Туре	City
1.	565	Hayley Hutchins	01:55:0		Half arathon	Норе
	Splits:	Split 1: 00:18:42.132 Split 2: 00:23:43.293 Split 3: 00:23:21.544 Split 4: 00:24:17.049 Split 5: 00:25:02.301	(00:42:25.425) (01:05:46.969) (01:30:04.018)	Speed: 6.9r Speed: 7.0r Speed: 6.7r	mph Pace: mph Pace: mph Pace: mph Pace: mph Pace: mph Pace:	08:43 08:35 08:56
2.	557	Meriwether Gallow	ay 02:01:2		Half arathon	Easley
	Splits:	Split 1: 00:19:45.384 Split 2: 00:25:06.320 Split 3: 00:25:19.024 Split 4: 00:25:47.051 Split 5: 00:25:28.552	(00:44:51.704) (01:10:10.728) (01:35:57.779)	Speed: 6.5r Speed: 6.4r Speed: 6.3r	mph Pace: mph Pace: mph Pace: mph Pace: mph Pace:	09:14 09:19 09:29
3.	586	Kristen Seery	02:10:2		Half arathon	Pawtucket
	Splits:	Split 1: 00:20:45.164 Split 2: 00:26:23.770 Split 3: 00:27:06.078 Split 4: 00:27:59.066 Split 5: 00:28:09.281	(00:47:08.934) (01:14:15.012) (01:42:14.078)	Speed: 6.2r Speed: 6.0r Speed: 5.8r	mph Pace: mph Pace: mph Pace: mph Pace: mph Pace: mph Pace:	09:42 09:58 10:17
4.	481	Alison Bauter	02:27:2		Half arathon	Boston
	Splits:	Split 1: 00:24:48.642 Split 2: 00:31:17.061 Split 3: 00:30:17.065 Split 4: 00:32:52.839 Split 5: 00:28:07.276	(00:56:05.703) (01:26:22.768) (01:59:15.607)	Speed: 5.4 Speed: 5.2 Speed: 5.4 Speed: 5.0	mph Pace: mph Pace: mph Pace: mph Pace:	11:30 11:08 12:06
5.	600	Randi Zucchino	02:36:4		Half arathon	Goshen
6.	Splits: 550	Split 1: 00:25:07.406 Split 2: 00:31:51.562 Split 3: 00:32:22.799 Split 4: 00:33:00.316 Split 5: 00:34:25.570 Sarah Derusha	(00:56:58.968) (01:29:21.767) (02:02:22.083)	Speed: 5.1 Speed: 5.0 Speed: 4.9 Speed: 4.7	mph Pace: mph Pace: mph Pace: mph Pace: mph Pace: Half	11:43 11:54 12:08
0.	000		02.00.4	Ma	arathon	
	Splits:	Split 1: 00:26:18.895 Split 2: 00:34:20.330 Split 3: 00:37:18.558 Split 4: 00:38:29.095 Split 5: 00:42:18.321	(01:00:39.225) (01:37:57.783) (02:16:26.878)	Speed: 4.7r Speed: 4.4r Speed: 4.2r	mph Pace: mph Pace: mph Pace: mph Pace: mph Pace:	12:38 13:43 14:09

<u> Male 40 - 49</u>					
Place	Bib#	Name	Time	Туре	City
1.	581	Sean Resendes	01:55:16.	56 Half Maratho	Kulpmont
	Splits:	Split 1: 00:20:45.635 Split 2: 00:23:51.545 Split 3: 00:23:39.795 Split 4: 00:23:52.047 Split 5: 00:23:07.547	(00:44:37.180) S (01:08:16.975) S (01:32:09.022) S	peed: 6.5mph peed: 6.8mph peed: 6.9mph peed: 6.8mph peed: 7.0mph	Pace: 09:15 Pace: 08:46 Pace: 08:42 Pace: 08:47 Pace: 08:30
2.	590	Paul Smith	02:12:40.	60 Half Maratho	DeSoto on
	Splits:	Split 1: 00:21:31.186 Split 2: 00:26:17.999 Split 3: 00:26:58.053 Split 4: 00:29:17.057 Split 5: 00:28:36.309	(00:47:49.185) S (01:14:47.238) S (01:44:04.295) S	peed: 6.2mph peed: 6.2mph peed: 6.0mph peed: 5.6mph peed: 5.7mph	Pace: 09:36 Pace: 09:40 Pace: 09:55 Pace: 10:46 Pace: 10:31
3.	555	Jared Freeman	02:25:19.	15 Half Maratho	Salt Lake City
	Splits:	Split 1: 00:23:22.642 Split 2: 00:29:05.102 Split 3: 00:28:39.506 Split 4: 00:32:15.315 Split 5: 00:31:56.593	(00:52:27.744) S (01:21:07.250) S (01:53:22.565) S	peed: 5.8mph peed: 5.6mph peed: 5.7mph peed: 5.1mph peed: 5.1mph	Pace: 10:25 Pace: 10:42 Pace: 10:32 Pace: 11:52 Pace: 11:45
4.	563	John Hughes	03:28:37.	26 Half Maratho	Brandon
	Splits:	Split 1: 00:33:32.408 Split 2: 00:41:55.353 Split 3: 00:44:00.093 Split 4: 00:44:15.063 Split 5: 00:44:54.343	(01:15:27.761) S (01:59:27.854) S (02:43:42.917) S	peed: 4.0mph peed: 3.9mph peed: 3.7mph peed: 3.7mph peed: 3.6mph	Pace: 14:58 Pace: 15:25 Pace: 16:11 Pace: 16:17 Pace: 16:31
5.	162	Mark Hirsh	03:37:00.	77 Half Maratho	Mendon on
	Splits:	Split 1: 00:33:58.908 Split 2: 00:42:03.854 Split 3: 00:44:25.067 Split 4: 00:45:23.342 Split 5: 00:51:09.608	(01:16:02.762) S (02:00:27.829) S (02:45:51.171) S	peed: 4.0mph peed: 3.9mph peed: 3.7mph peed: 3.6mph peed: 3.2mph	Pace: 15:09 Pace: 15:28 Pace: 16:20 Pace: 16:42 Pace: 18:49

## Female 40 - 49

Place	Bib#	Name	Time	Туре	City
1.	556	Christy Galloway	02:00:52.3	33 Half Maratho	Easley
	Splits:	Split 1: 00:20:05.885 (00: Split 2: 00:24:30.557 (00: Split 3: 00:25:03.061 (01: Split 4: 00:25:34.026 (01: Split 5: 00:25:38.802 (02:	:44:36.442) Sr :09:39.503) Sr :35:13.529) Sr	beed: 6.7mph beed: 6.5mph	Pace: 08:58 Pace: 09:01 Pace: 09:13 Pace: 09:24 Pace: 09:26
2.	564	Deena Hummel	02:12:38.6	55 Half Maratho	Dayton on
	Splits:	Split 1: 00:21:28.887 (00: Split 2: 00:26:18.575 (00: Split 3: 00:27:00.306 (01: Split 4: 00:28:21.025 (01: Split 5: 00:29:29.865 (02:	:47:47.462) Sr :14:47.768) Sr :43:08.793) Sr	beed: 6.0mph beed: 5.8mph	Pace: 09:35 Pace: 09:40 Pace: 09:56 Pace: 10:26 Pace: 10:51
3.	513	Michelle Boyle	02:32:35.9	90 Half Maratho	Newton
	Splits:	Split 1: 00:28:30.399 (00: Split 2: 00:33:00.563 (01: Split 3: 00:29:36.558 (01: Split 4: 00:30:27.816 (02: Split 5: 00:31:00.572 (02:	:01:30.962) Sr :31:07.520) Sr :01:35.336) Sr	peed: 5.4mph	Pace: 12:43 Pace: 12:08 Pace: 10:53 Pace: 11:12 Pace: 11:24
4.	511	Felisha Mims	02:36:33.9	90 Half Maratho	Tulsa
	Splits:	Split 1: 00:22:50.888 (00: Split 2: 00:29:04.055 (00: Split 3: 00:30:50.560 (01: Split 4: 00:36:25.082 (01: Split 5: 00:37:23.317 (02:	:51:54.943) Sr :22:45.503) Sr :59:10.585) Sr	beed: 5.9mph beed: 5.6mph	Pace: 10:11 Pace: 10:41 Pace: 11:21 Pace: 13:24 Pace: 13:45

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5.	498	Shalisa Davis	02:36:59.90	Half Marath	Suffolk
	Splits	: Split 1: 00:26:14.644 (00:26 Split 2: 00:35:15.070 (01:01 Split 3: 00:31:12.309 (01:32 Split 4: 00:32:49.066 (02:05 Split 5: 00:31:28.815 (02:36	:29.714) Speed :42.023) Speed :31.089) Speed	: 4.6mph : 5.2mph : 5.0mph	Pace: 11:42 Pace: 12:58 Pace: 11:29 Pace: 12:04 Pace: 11:35
6.	562	Tracy Hiltz	02:46:49.44	Half Marath	Powell
	Splits	: Split 1: 00:26:33.896 (00:26 Split 2: 00:32:22.570 (00:58 Split 3: 00:34:27.058 (01:33 Split 4: 00:36:00.573 (02:09 Split 5: 00:37:25.352 (02:46	:56.466) Speed :23.524) Speed :24.097) Speed	: 5.0mph : 4.7mph : 4.5mph	Pace: 11:51 Pace: 11:54 Pace: 12:40 Pace: 13:15 Pace: 13:46
7.	554	Kellie Follett	03:28:39.30	Half	Scappoose
				Marath	on
	Splits	: Split 1: 00:33:11.162 (00:33 Split 2: 00:42:18.077 (01:15 Split 3: 00:43:59.620 (01:59 Split 4: 00:44:15.332 (02:43 Split 5: 00:44:55.111 (03:28	:29.239) Speed :28.859) Speed :44.191) Speed	: 4.1mph : 3.9mph : 3.7mph : 3.7mph : 3.7mph	on Pace: 14:48 Pace: 15:34 Pace: 16:11 Pace: 16:17 Pace: 16:31
8.	Splits 507	Split 2: 00:42:18.077 (01:15 Split 3: 00:43:59.620 (01:59 Split 4: 00:44:15.332 (02:43	:29.239) Speed :28.859) Speed :44.191) Speed	: 4.1mph : 3.9mph : 3.7mph : 3.7mph : 3.7mph	Pace: 14:48 Pace: 15:34 Pace: 16:11 Pace: 16:17 Pace: 16:31 Chicago

#### Male 50 - 59

Place	Bib#	Name	Time	Туре	City
1.	486	Martin Callahan	01:59:42.07	Half Marath	Queenstown on
	Splits:	Split 1: 00:19:48.134 (00:19 Split 2: 00:24:37.545 (00:44 Split 3: 00:25:04.566 (01:09 Split 4: 00:25:20.782 (01:34 Split 5: 00:24:51.051 (01:59	:25.679) Speed :30.245) Speed :51.027) Speed	: 6.6mph : 6.5mph : 6.4mph	Pace: 08:50 Pace: 09:03 Pace: 09:13 Pace: 09:19 Pace: 09:08
2.	561	Malcolm Hiltz	02:46:46.92	Half Marath	Powell
	Splits:	Split 1: 00:26:33.145 (00:26 Split 2: 00:32:21.089 (00:58 Split 3: 00:34:30.572 (01:33 Split 4: 00:35:53.046 (02:09 Split 5: 00:37:29.070 (02:46	:54.234) Speed :24.806) Speed :17.852) Speed	: 5.0mph : 4.7mph : 4.5mph	Pace: 11:51 Pace: 11:54 Pace: 12:42 Pace: 13:12 Pace: 13:47

Female 50 - 59

Place	Bib#	Name	Time	Туре	City
1.	588	Deborah Singleton	02:36:47.15	Half Marath	Richland on
	Splits:	Split 1: 00:25:06.642 (00:2 Split 2: 00:31:52.062 (00:5 Split 3: 00:32:22.562 (01:2 Split 4: 00:33:00.124 (02:0 Split 5: 00:34:25.763 (02:3	6:58.704) Speed 9:21.266) Speed 2:21.390) Speed	l: 5.1mph l: 5.0mph l: 4.9mph	Pace: 11:43 Pace: 11:54 Pace: 12:08

#### Male 60 - 69

Place	Bib#	Name	Tim	е Туре	City
1.	552	John Duelge	02:16:5	5.86 Half Marath	VCINCC
	Splits:	Split 1: 00:22:01.637 Split 2: 00:27:44.553 Split 3: 00:28:35.804 Split 4: 00:30:24.562 Split 5: 00:28:09.307	(00:49:46.190) (01:18:21.994) (01:48:46.556)	Speed: 5.9mph Speed: 5.7mph Speed: 5.4mph	Pace: 10:12 Pace: 10:31 Pace: 11:11

2.	499	Edward Del Favero	03:01:19.21	Marathon S	t Petersburg
	Splits:	Split 1: 00:26:19.676 (00:26 Split 2: 00:36:30.538 (01:02 Split 3: 00:43:26.837 (01:46 Split 4: 00:40:40.832 (02:26	:50.214) Speed: :17.051) Speed:	5.1mph Pace: 4.5mph Pace: 3.8mph Pace: 4.0mph Pace:	13:26 15:59
		Split 5: 00:34:21.331 (03:01	:19.214) Speed:	4.7mph Pace:	12:38
3.	589	Gary Slane	03:17:51.50	Half Marathon	Maryland Heights
	Splits:	Split 1: 00:33:09.170 (00:33	:09.170) Speed:	4.1mph Pace:	14:47
		Split 2: 00:40:10.815 (01:13	:19.985) Speed:	4.1mph Pace:	14:47
		Split 3: 00:41:42.833 (01:55	, ,	3.9mph Pace:	
		Split 4: 00:43:11.601 (02:38	, ,	3.8mph Pace:	
		Split 5: 00:39:37.084 (03:17	:51.503) Speed:	4.1mph Pace:	14:34

## <u> Female 60 - 69</u>

Place	Bib#	Name	Time	Туре	City
1.	496	Sandy Cumming	02:12:37	7.10 Half Marath	Austin on
	,	Split 1: 00:21:29.405 (C Split 2: 00:26:16.780 (C Split 3: 00:26:57.571 (C Split 4: 00:28:20.038 (C Split 5: 00:29:33.310 (C	00:47:46.185) 01:14:43.756) 01:43:03.794)	Speed: 6.3mph Speed: 6.2mph Speed: 6.0mph Speed: 5.8mph Speed: 5.5mph	Pace: 09:40 Pace: 09:55 Pace: 10:25

### Male 70 - 79

Place	Bib#	Name	Time	Туре	City
1.	173	Frederick Korte	02:37:14.15	Half Maratho	Harmony on
	Splits:	Split 1: 00:26:45.146 (00:2 Split 2: 00:32:25.312 (00:5 Split 3: 00:32:37.563 (01:3 Split 4: 00:33:20.081 (02:0 Split 5: 00:32:06.051 (02:3	9:10.458) Speed. 1:48.021) Speed. 5:08.102) Speed.	: 5.0mph : 5.0mph : 4.9mph	Pace: 11:56 Pace: 11:55 Pace: 12:00 Pace: 12:16 Pace: 11:48
2.	495	AI Cumming	02:40:25.17	Half Maratho	Austin on
	Splits:	Split 1: 00:30:29.653 (00:3 Split 2: 00:33:40.813 (01:0 Split 3: 00:34:26.818 (01:3 Split 4: 00:31:22.813 (02:1 Split 5: 00:30:25.081 (02:4	4:10.466) Speed. 8:37.284) Speed. 0:00.097) Speed.	: 4.8mph : 4.7mph : 5.2mph	Pace: 13:36 Pace: 12:23 Pace: 12:40 Pace: 11:32 Pace: 11:11

## Female 70 - 79

Place	Bib#	Name	Time	Туре	City
1.	479	Vickey Baker	03:55:15.81	Half Marathon	North Lakewood
	Splits:	Split 1: 00:38:51.168 (00:34 Split 2: 00:47:55.116 (01:24 Split 3: 00:50:39.350 (02:1 Split 4: 00:47:31.847 (03:0- Split 5: 00:50:18.333 (03:5	5:46.284) Speed: 7:25.634) Speed: 4:57.481) Speed:	3.5mph Pace   3.4mph Pace   3.2mph Pace   3.4mph Pace   3.4mph Pace   3.2mph Pace	: 17:38 : 18:38 : 17:29
2.	131	lla Brandli	03:55:37.81	Half Marathon	Mesa
	Splits:	Split 1: 00:38:51.419 (00:38 Split 2: 00:47:57.092 (01:20 Split 3: 00:50:34.353 (02:1) Split 4: 00:47:32.628 (03:0 Split 5: 00:50:42.323 (03:58	6:48.511) Speed: 7:22.864) Speed: 4:55.492) Speed:	3.5mph Pace 3.4mph Pace 3.2mph Pace 3.4mph Pace 3.2mph Pace	: 17:38 : 18:36 : 17:29